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NICE

 National Institute for
Health and Care Excellence

NICE in Social Care



June 2019

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Get involved

Join our committee on social work interventions for adults with complex needs

Are you a practising social worker with experience in care and support for adults with

complex needs?

We are currently [developing our guideline on social work interventions for adults with complex needs](#) and are looking for a topic advisor who has an understanding of social work with people with complex needs, learning disabilities or mental health difficulties.

You can visit our website for [more information about being a committee member](#).

Closing date: **10am on Thursday 13 June 2019**

Click to apply: committee topic adviser

Other news

Webinar: using NICE guidance to support CQC inspections

Save the date: Monday 24 June 2019 @ 13:00-14:00

Since April 2018 19% of 'outstanding' CQC reports for 'care homes' and 'services in your home' have cited NICE guidance.

This webinar provides an overview of our available guidance and resources. It offers an opportunity for registered managers of care home and home care services, social care provider quality leads, and commissioners of adult social care to address areas of concern and improve quality in services. To demonstrate how NICE guidance can be implemented in practice, the webinar will look at dementia and oral health in care homes.

The webinar is presented by:

- Deanna Westwood, Interim Head of Inspection, Adult Social Care North East and Coast, Care Quality Commission
- Pauline Shaw, Director of Care, The Royal Star & Garter Homes
- Melanie Weatherley, Chief Executive, Walnut Care at Home, Chair Lincolnshire Care Association and NICE Fellow.

Click to register: using NICE guidance webinar

Webinar: older people with learning disabilities

Did you miss our webinar on supporting people with learning disabilities to live longer, healthier lives? If so, you can listen to content from:

- Emma Killick – Director (Adult services), MacIntyre
- Jenny Anderton – Transformation Lead, Rotherham Metropolitan Borough Council.

The webinar explores developing support networks, raising awareness of potential health needs and the importance of regular health checks.

Click to access: learning disabilities webinar

Publications

Physical activity: encouraging activity in the community - quality standard

Physical activity is really important in improving people's wellbeing and helping them maintain independence. Our new NICE quality standard encourages local authorities to involve community members in designing and managing public open spaces to help less active groups, such as older people and people with disabilities, to use public spaces. The quality standard includes advice for employers on supporting the physical activity of employees, which may help increase staff satisfaction and reduce staff absenteeism levels.

It sits alongside other NICE quality standards which support better physical activity and wellbeing for people with social care needs, including:

- [Mental wellbeing of older people in care homes](#) (QS50)
- [Mental wellbeing and independence for older people](#) (QS137)

Dr Andy Cope

Director of Insight at Sustrans

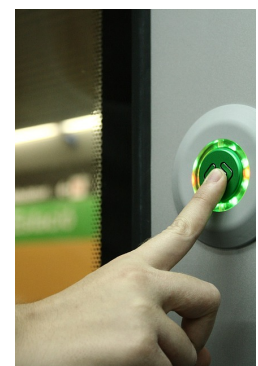
Dr Andy Cope is an expert in research, evaluation and monitoring in active travel. He focuses on evidencing the best value and effectiveness of making walking and cycling easier for all. As a committee member, Andy thinks our new physical activity quality standard is a great way to effect change:



"Active travel can play a critical role in growing levels of physical activity. Prioritising people who walk and cycle, as well as those who use public transport (quality statement 2), empowers people to make travel choices that help to create healthier places and happier lives for everyone. Supporting people to make choices to travel actively through, for example, community co-design (quality statement 3) and school travel plans (quality statement 5) is a great way to effect change. In England we encourage all of the schools that we work with to have a Travel Plan, and we work with local council travel plan coordinators to make this happen. It is important to develop an ambitious plan and then to act on that plan to make change happen, primarily by creating a culture of active travel and changing the environment around the schools. This is reflected in ambitious projects like the recent School Streets and Big Pedal initiatives that support behaviour change and change environments."

[Podcast \(9 mins\): can active travel to school make a significant impact on air pollution?](#)

If you want to hear more about active travel listen to our NICE Talks podcast.



[Click to read: our physical activity quality standard](#)

Become a stakeholder

If you've got an interest in our work, why not register to become a stakeholder? Registered stakeholders can help to shape our work by attending workshops, commenting on drafts and helping with distribution of our guidance and quality standards. To register, visit our [stakeholder registration](#) webpage.

Social care resources

- [Quick guides](#)
- [Social care trainers' resource](#)
- [Quality improvement resource for adult social care](#)
- [Unlocking capacity: smarter together](#) (promotes collaborative working between social care and health)

Coming up in your next e-bulletin

In the next edition of your **NICE in Social Care** e-bulletin you will find useful information on:

- Quick guide on covert medicines administration
- Quality standard on hearing loss (adult onset)



Forward



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